

# Randomised Algorithms

## Lecture 4: Markov Chains and Mixing Times

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Lent 2024



UNIVERSITY OF  
CAMBRIDGE

## Recap of Markov Chain Basics

Irreducibility, Periodicity and Convergence

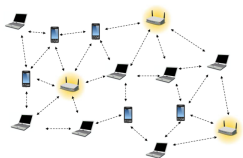
Total Variation Distance and Mixing Times

Application 1: Card Shuffling

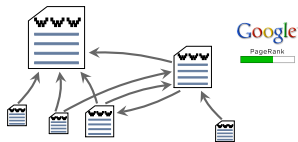
Application 2: Markov Chain Monte Carlo (non-examin.)

Appendix: Remarks on Mixing Time (non-examin.)

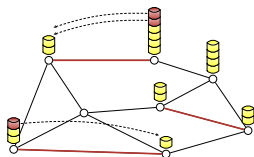
# Applications of Markov Chains in Computer Science



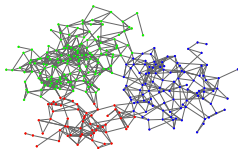
Broadcasting



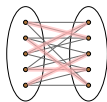
Ranking Websites



Load Balancing

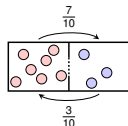


Clustering



$$A = \begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 1 & 1 & 0 & 0 & 0 & 1 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 & 1 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 1 & 1 & 0 & 1 & 1 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 1 & 0 & 1 & 1 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 & 1 & 1 \\ 1 & 0 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 1 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 1 & 1 & 0 & 0 & 1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$$

Sampling and Optimisation



Particle Processes

## Markov Chains

Markov Chain (Discrete Time and State, Time Homogeneous)

We say that  $(X_t)_{t=0}^{\infty}$  is a **Markov Chain** on **State Space**  $\Omega$  with **Initial Distribution**  $\mu$  and **Transition Matrix**  $P$  if:

1. For any  $x \in \Omega$ ,  $\mathbf{P}[X_0 = x] = \mu(x)$ .
2. The **Markov Property** holds: for all  $t \geq 0$  and any  $x_0, \dots, x_{t+1} \in \Omega$ ,

$$\mathbf{P}\left[X_{t+1} = x_{t+1} \mid X_t = x_t, \dots, X_0 = x_0\right] = \mathbf{P}\left[X_{t+1} = x_{t+1} \mid X_t = x_t\right] \\ := P(x_t, x_{t+1}).$$

From the definition one can deduce that (check!)

- For all  $t, x_0, x_1, \dots, x_t \in \Omega$ ,

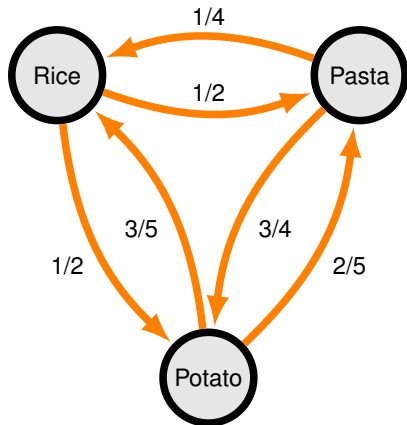
$$\mathbf{P}[X_t = x_t, X_{t-1} = x_{t-1}, \dots, X_0 = x_0] \\ = \mu(x_0) \cdot P(x_0, x_1) \cdot \dots \cdot P(x_{t-2}, x_{t-1}) \cdot P(x_{t-1}, x_t).$$

- For all  $0 \leq t_1 < t_2, x \in \Omega$ ,

$$\mathbf{P}[X_{t_2} = x] = \sum_{y \in \Omega} \mathbf{P}[X_{t_2} = x \mid X_{t_1} = y] \cdot \mathbf{P}[X_{t_1} = y].$$

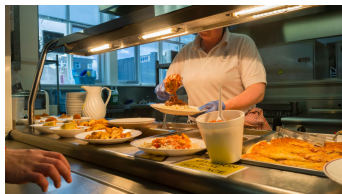
## What does a Markov Chain Look Like?

Example: the carbohydrate served with lunch in the college cafeteria.



This has transition matrix:

$$P = \begin{array}{c} \begin{array}{ccc} \text{Rice} & \text{Pasta} & \text{Potato} \\ \begin{bmatrix} 0 & 1/2 & 1/2 \\ 1/4 & 0 & 3/4 \\ 3/5 & 2/5 & 0 \end{bmatrix} \end{array} \begin{array}{l} \text{Rice} \\ \text{Pasta} \\ \text{Potato} \end{array} \end{array}$$



## Transition Matrices and Distributions

The **Transition Matrix**  $P$  of a Markov chain  $(\mu, P)$  on  $\Omega = \{1, \dots, n\}$  is given by

$$P = \begin{pmatrix} P(1,1) & \dots & P(1,n) \\ \vdots & \ddots & \vdots \\ P(n,1) & \dots & P(n,n) \end{pmatrix}.$$

- $\rho^t = (\rho^t(1), \rho^t(2), \dots, \rho^t(n))$ : **state vector** at time  $t$  (**row vector**).
- Multiplying  $\rho^t$  by  $P$  corresponds to advancing the chain one step:

$$\rho^t(y) = \sum_{x \in \Omega} \rho^{t-1}(x) \cdot P(x, y) \quad \text{and thus} \quad \rho^t = \rho^{t-1} \cdot P.$$

- The **Markov Property** and line above imply that for any  $t \geq 0$

$$\rho^t = \rho \cdot P^{t-1} \quad \text{and thus} \quad P^t(x, y) = \mathbf{P}[X_t = y \mid X_0 = x].$$

Thus  $\rho^t(x) = (\mu P^t)(x)$  and so  $\rho^t = \mu P^t = (\mu P^t(1), \mu P^t(2), \dots, \mu P^t(n))$ .

- Everything boils down to **deterministic** vector/matrix computations  
 $\Rightarrow$  can replace  $\rho$  by any (load) vector and view  $P$  as a **balancing matrix!**

## Stopping and Hitting Times

A non-negative integer random variable  $\tau$  is a **stopping time** for  $(X_t)_{t \geq 0}$  if for every  $s \geq 0$  the event  $\{\tau = s\}$  depends only on  $X_0, \dots, X_s$ .

**Example** - College Carbs Stopping times:

- ✓ “We had **rice** yesterday”  $\leadsto \tau := \min\{t \geq 1 : X_{t-1} = \text{“rice”}\}$
- ✗ “We are having **pasta** next Thursday”

For two states  $x, y \in \Omega$  we call  $h(x, y)$  the **hitting time** of  $y$  from  $x$ :

$$h(x, y) := \mathbf{E}_x[\tau_y] = \mathbf{E}[\tau_y \mid X_0 = x] \quad \text{where } \tau_y = \min\{t \geq 1 : X_t = y\}.$$

Some distinguish between  $\tau_y^+ = \min\{t \geq 1 : X_t = y\}$  and  $\tau_y = \min\{t \geq 0 : X_t = y\}$

— A Useful Identity —

Hitting times are the solution to a **set of linear equations**:

$$h(x, y) \stackrel{\text{Markov Prop.}}{=} 1 + \sum_{z \in \Omega \setminus \{y\}} P(x, z) \cdot h(z, y) \quad \forall x \neq y \in \Omega.$$

# Outline

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Recap of Markov Chain Basics

**Irreducibility, Periodicity and Convergence**

Total Variation Distance and Mixing Times

Application 1: Card Shuffling

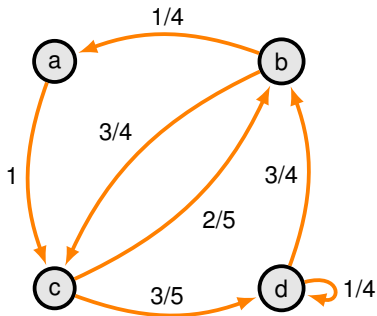
Application 2: Markov Chain Monte Carlo (non-examin.)

Appendix: Remarks on Mixing Time (non-examin.)

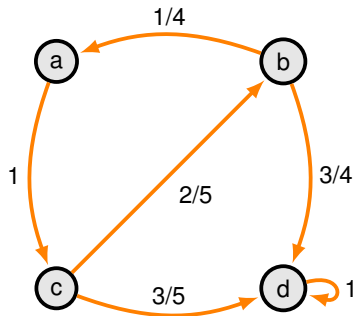


## Irreducible Markov Chains

A Markov Chain is **irreducible** if for every pair of states  $x, y \in \Omega$  there is an integer  $k \geq 0$  such that  $P^k(x, y) > 0$ .



✓ irreducible



✗ not irreducible (thus reducible)

Finite Hitting Time Theorem

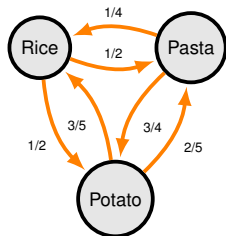
For any states  $x$  and  $y$  of a **finite irreducible** Markov Chain  $h(x, y) < \infty$ .

## Stationary Distribution

A probability distribution  $\pi = (\pi(1), \dots, \pi(n))$  is the **stationary distribution** of a Markov Chain if  $\pi P = \pi$  ( $\pi$  is a **left eigenvector** with eigenvalue 1)

College carbs example:

$$\begin{pmatrix} \frac{4}{13} & \frac{4}{13} & \frac{5}{13} \\ \pi \end{pmatrix} \cdot \begin{pmatrix} 0 & 1/2 & 1/2 \\ 1/4 & 0 & 3/4 \\ 3/5 & 2/5 & 0 \\ P \end{pmatrix} = \begin{pmatrix} \frac{4}{13} & \frac{4}{13} & \frac{5}{13} \\ \pi \end{pmatrix}$$



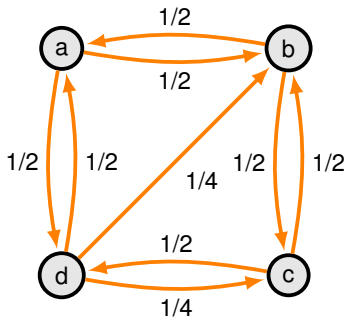
- A Markov Chain reaches **stationary distribution** if  $\rho^t = \pi$  for some  $t$ .
- If reached, then it **persists**: If  $\rho^t = \pi$  then  $\rho^{t+k} = \pi$  for all  $k \geq 0$ .

**Existence and Uniqueness** of a Positive Stationary Distribution

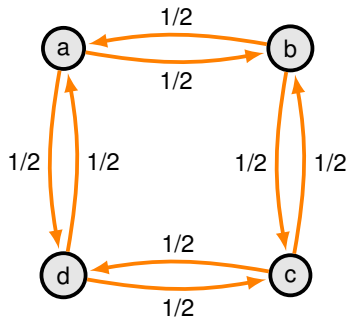
Let  $P$  be **finite, irreducible** M.C., then there **exists** a unique probability distribution  $\pi$  on  $\Omega$  such that  $\pi = \pi P$  and  $\pi(x) = 1/h(x, x) > 0, \forall x \in \Omega$ .

## Periodicity

- A Markov Chain is **aperiodic** if for all  $x \in \Omega$ ,  $\gcd\{t \geq 1 : P^t(x, x) > 0\} = 1$ .
- Otherwise we say it is **periodic**.



✓ Aperiodic



✗ Periodic



**Question:** Which of the two chains (if any) are aperiodic?

## Convergence Theorem

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Ergodic = Irreducible + Aperiodic

Convergence Theorem

Let  $P$  be any finite, irreducible, aperiodic Markov Chain with stationary distribution  $\pi$ . Then for any  $x, y \in \Omega$ ,

$$\lim_{t \rightarrow \infty} P^t(x, y) = \pi(y).$$

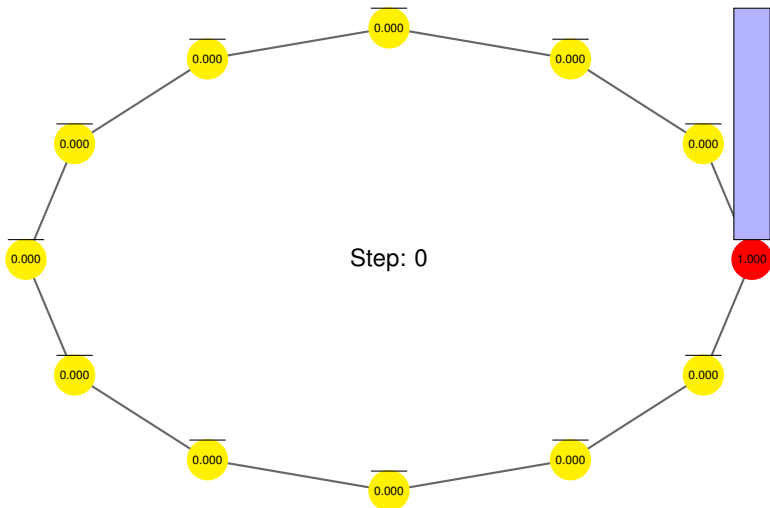
- mentioned before: For finite irreducible M.C.'s  $\pi$  exists, is unique and

$$\pi(y) = \frac{1}{h(y, y)} > 0.$$

- We will prove a simpler version of the Convergence Theorem after introducing Spectral Graph Theory.

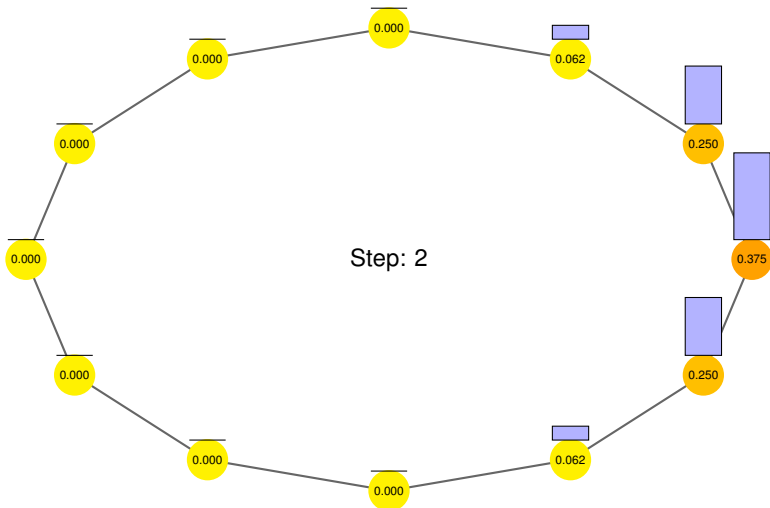
## Convergence to Stationarity (Example)

- **Markov Chain:** stays put with  $1/2$  and moves left (or right) w.p.  $1/4$
- At step  $t$  the value at vertex  $x \in \{1, 2, \dots, 12\}$  is  $P^t(1, x)$ .



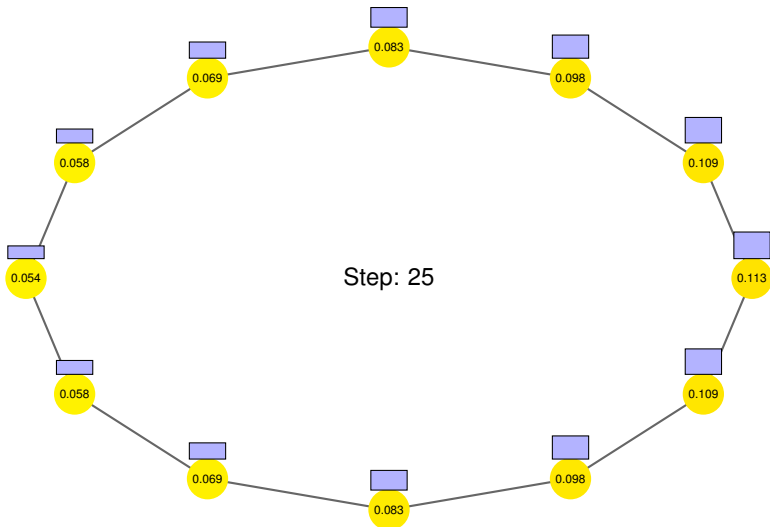
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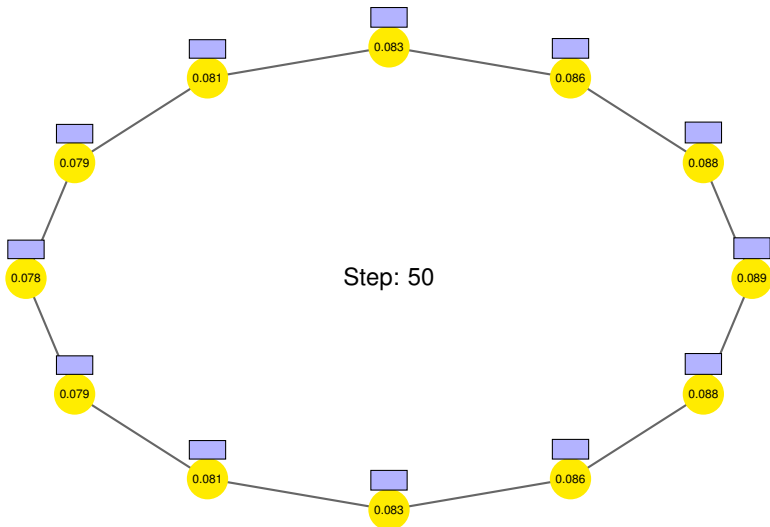
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Recap of Markov Chain Basics

Irreducibility, Periodicity and Convergence

**Total Variation Distance and Mixing Times**

Application 1: Card Shuffling

Application 2: Markov Chain Monte Carlo (non-examin.)

Appendix: Remarks on Mixing Time (non-examin.)

## How Similar are Two Probability Measures?

### Loaded Dice

- You are presented three loaded (unfair) dice  $A, B, C$ :

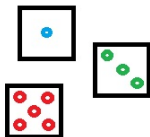
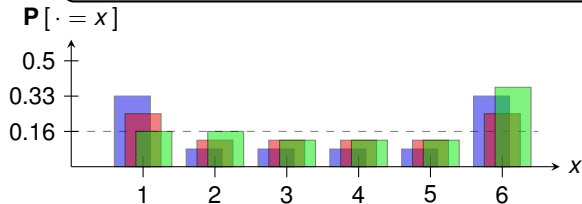
| $x$        | 1   | 2    | 3    | 4    | 5    | 6    |
|------------|-----|------|------|------|------|------|
| $P[A = x]$ | 1/3 | 1/12 | 1/12 | 1/12 | 1/12 | 1/3  |
| $P[B = x]$ | 1/4 | 1/8  | 1/8  | 1/8  | 1/8  | 1/4  |
| $P[C = x]$ | 1/6 | 1/6  | 1/8  | 1/8  | 1/8  | 9/24 |



**Question 1:** Which dice is the least fair? Most choose  $A$ .  
Why?

**Question 2:** Which dice is the most fair? Dice  $B$  and  $C$  seem “fairer” than  $A$  but which is fairest?

We need a formal “fairness measure” to compare probability distributions!



## Total Variation Distance

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The **Total Variation Distance** between two probability distributions  $\mu$  and  $\eta$  on a countable state space  $\Omega$  is given by

$$\|\mu - \eta\|_{tv} = \frac{1}{2} \sum_{\omega \in \Omega} |\mu(\omega) - \eta(\omega)|.$$

**Loaded Dice:** let  $D = \text{Unif}\{1, 2, 3, 4, 5, 6\}$  be the law of a **fair dice**:

$$\|D - A\|_{tv} = \frac{1}{2} \left( 2 \left| \frac{1}{6} - \frac{1}{3} \right| + 4 \left| \frac{1}{6} - \frac{1}{12} \right| \right) = \frac{1}{3}$$

$$\|D - B\|_{tv} = \frac{1}{2} \left( 2 \left| \frac{1}{6} - \frac{1}{4} \right| + 4 \left| \frac{1}{6} - \frac{1}{8} \right| \right) = \frac{1}{6}$$

$$\|D - C\|_{tv} = \frac{1}{2} \left( 3 \left| \frac{1}{6} - \frac{1}{8} \right| + \left| \frac{1}{6} - \frac{9}{24} \right| \right) = \frac{1}{6}.$$

Thus

$$\|D - B\|_{tv} = \|D - C\|_{tv} \quad \text{and} \quad \|D - B\|_{tv}, \|D - C\|_{tv} < \|D - A\|_{tv}.$$

So **A** is the least “fair”, however **B** and **C** are equally “fair” (in TV distance).

## TV Distances and Markov Chains

Let  $P$  be a finite Markov Chain with stationary distribution  $\pi$ .

- Let  $\mu$  be a prob. vector on  $\Omega$  (might be just one vertex) and  $t \geq 0$ . Then

$$P_\mu^t := \mathbf{P}[X_t = \cdot \mid X_0 \sim \mu],$$

is a probability measure on  $\Omega$ .

- [Exercise 4/5.5] For any  $\mu$ ,

$$\|P_\mu^t - \pi\|_{tv} \leq \max_{x \in \Omega} \|P_x^t - \pi\|_{tv}.$$

Convergence Theorem (Implication for TV Distance)

For any finite, irreducible, aperiodic Markov Chain

$$\lim_{t \rightarrow \infty} \max_{x \in \Omega} \|P_x^t - \pi\|_{tv} = 0.$$

We will see a similar result later after introducing spectral techniques (Lecture 12)!

## Mixing Time of a Markov Chain

Convergence Theorem: “Nice” Markov Chains converge to stationarity.

Question: How fast do they converge?

### Mixing Time

The **mixing time**  $\tau_X(\epsilon)$  of a finite Markov Chain  $P$  with stationary distribution  $\pi$  is defined as

$$\tau_X(\epsilon) = \min \left\{ t \geq 0 : \left\| P_X^t - \pi \right\|_{tv} \leq \epsilon \right\},$$

and,

$$\tau(\epsilon) = \max_X \tau_X(\epsilon).$$

- This is how long we need to wait until we are “ $\epsilon$ -close” to stationarity
- We often take  $\epsilon = 1/4$ , indeed let  $t_{mix} := \tau(1/4)$

See final slides for some comments on why we choose  $1/4$ .

# Outline

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Total Variation Distance and Mixing Times

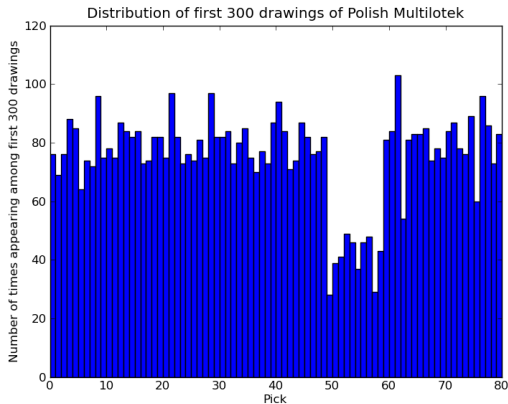
**Application 1: Card Shuffling**

Application 2: Markov Chain Monte Carlo (non-examin.)

Appendix: Remarks on Mixing Time (non-examin.)

## Experiment Gone Wrong...

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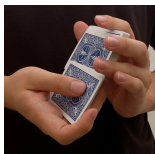


Thanks to Krzysztof Onak (pointer) and Eric Price (graph)

Source: Slides by Ronitt Rubinfeld

## What is Card Shuffling?

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Source: wikipedia

Here we will focus on one **shuffling scheme** which is easy to analyse.

How long does it take to **shuffle a deck of 52 cards**?

How quickly do we converge to the **uniform distribution** over all  $n!$  permutations?



One of the leading experts in the field who has related card shuffling to many other mathematical problems.

Persi Diaconis (Professor of Statistics and former Magician)

Source: [www.soundcloud.com](http://www.soundcloud.com)



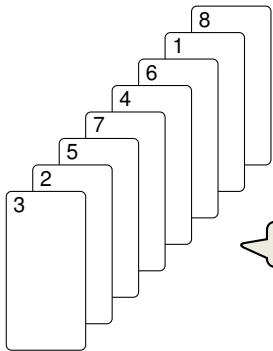
## The Card Shuffling Markov Chain

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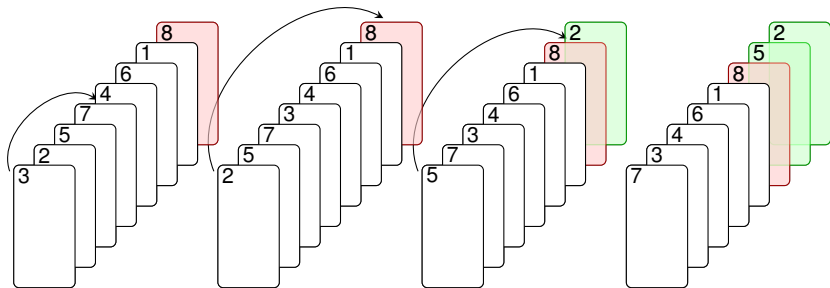
TOPTORANDOMSHUFFLE (Input: A pile of  $n$  cards)

- 1: **For**  $t = 1, 2, \dots$
- 2:     Pick  $i \in \{1, 2, \dots, n\}$  uniformly at random
- 3:     Take the top card and insert it behind the  $i$ -th card

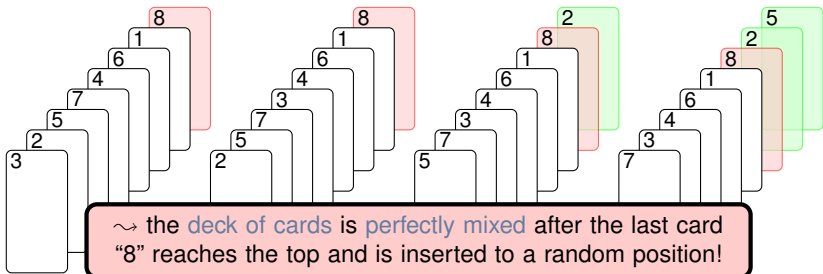
This is a slightly informal definition, so let us look at a small example...



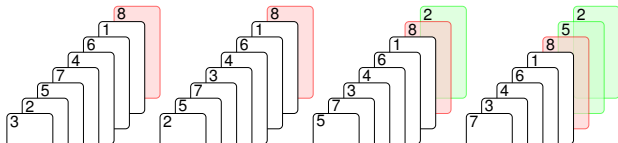
We will focus on this “small” set of cards ( $n = 8$ )



Even if we know which set of cards come after 8, every permutation is equally likely!



## Analysing the Mixing Time (Intuition)



↪ deck of cards is perfectly mixed after the last card “8” reaches the top and is inserted to a random position!

- How long does it take for the last card “ $n$ ” to become top card?
- At the last position, card “ $n$ ” moves up with probability  $\frac{1}{n}$  at each step
- At the second last position, card “ $n$ ” moves up with probability  $\frac{2}{n}$
- $\vdots$
- At the second position, card “ $n$ ” moves up with probability  $\frac{n-1}{n}$
- One final step to randomise card “ $n$ ” (with probability 1)

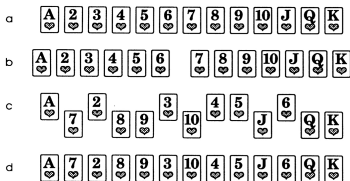
This is a “reversed” coupon collector process with  $n$  cards, which takes  $n \log n$  in expectation.

Using the so-called coupling method, one could prove  $t_{mix} \leq n \log n$ .

# Riffle Shuffle

## Riffle Shuffle

1. Split a deck of  $n$  cards into two piles (thus the size of each portion will be Binomial)
2. Riffle the cards together so that the card drops from the left (or right) pile with probability proportional to the number of remaining cards



*The Annals of Applied Probability*  
1992, Vol. 2, No. 2, 294–313

### TRAILING THE DOVETAIL SHUFFLE TO ITS LAIR

By DAVE BAYER<sup>1</sup> AND PERSI DIACONIS<sup>2</sup>

*Columbia University and Harvard University*

We analyze the most commonly used method for shuffling cards. The main result is a simple expression for the chance of any arrangement after any number of shuffles. This is used to give sharp bounds on the approach to randomness:  $\frac{3}{2} \log_2 n + \theta$  shuffles are necessary and sufficient to mix up  $n$  cards.

Key ingredients are the analysis of a card trick and the determination of the idempotents of a natural commutative subalgebra in the symmetric group algebra.

| $t$                  | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |
|----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| $\ P^t - \pi\ _{TV}$ | 1.000 | 1.000 | 1.000 | 1.000 | 0.924 | 0.614 | 0.334 | 0.167 | 0.085 | 0.043 |

Figure: Total Variation Distance for  $t$  riffle shuffles of 52 cards.

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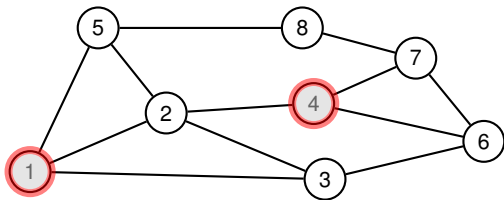
Total Variation Distance and Mixing Times

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**Application 2: Markov Chain Monte Carlo (non-examin.)**

Appendix: Remarks on Mixing Time (non-examin.)

## Markov Chain for Sampling Independent Sets (1/2) (non-examin.)



$S = \{1, 4\}$  is an independent set ✓

Independent Set

Given an undirected graph  $G = (V, E)$ , an **independent set** is a subset  $S \subseteq V$  such that there are no two vertices  $u, v \in S$  with  $\{u, v\} \in E(G)$ .

How can we take a **sample** from the **space of all independent sets**?

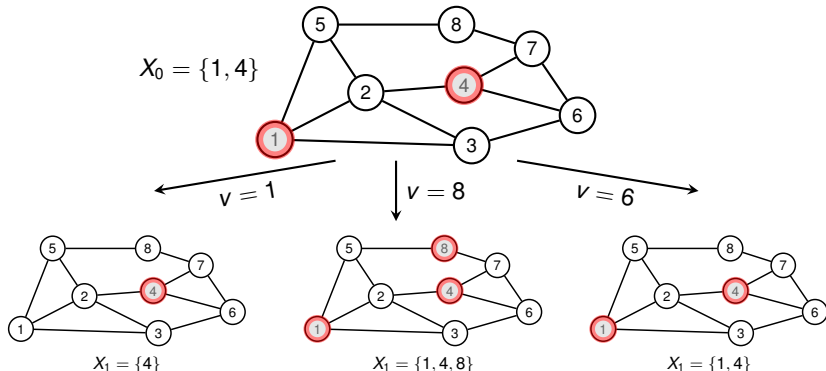
**Naive brute-force** would take an insane amount of time (and space)!

We can use a **generic Markov Chain Monte Carlo** approach to tackle this problem!

## Markov Chain for Sampling Independent Sets (2/2) (non-examin.)

### INDEPENDENTSETSAMPLER

- 1: Let  $X_0$  be an arbitrary independent set in  $G$
- 2: **For**  $t = 0, 1, 2, \dots$ :
- 3:   Pick a vertex  $v \in V(G)$  uniformly at random
- 4:   **If**  $v \in X_t$  **then**  $X_{t+1} \leftarrow X_t \setminus \{v\}$
- 5:   **elif**  $v \notin X_t$  **and**  $X_t \cup \{v\}$  is an independent set **then**  $X_{t+1} \leftarrow X_t \cup \{v\}$
- 6:   **else**  $X_{t+1} \leftarrow X_t$



## Markov Chain for Sampling Independent Sets (2/2) (non-examin.)

### INDEPENDENTSETSAMPLER

- 1: Let  $X_0$  be an arbitrary independent set in  $G$
- 2: **For**  $t = 0, 1, 2, \dots$ :
- 3:     Pick a vertex  $v \in V(G)$  uniformly at random
- 4:     **If**  $v \in X_t$  **then**  $X_{t+1} \leftarrow X_t \setminus \{v\}$
- 5:     **elif**  $v \notin X_t$  **and**  $X_t \cup \{v\}$  is an independent set **then**  $X_{t+1} \leftarrow X_t \cup \{v\}$
- 6:     **else**  $X_{t+1} \leftarrow X_t$

#### Remark

- This is a **local** definition (no explicit definition of  $P!$ )
- This chain is **irreducible** (every independent set is reachable)
- This chain is **aperiodic** (Check!)
- The **stationary distribution** is uniform, since  $P_{u,v} = P_{v,u}$  (Check!)

**Key Question:** What is the **mixing time** of this Markov Chain?

not covered here, see the textbook by Mitzenmacher and Upfal



# Outline

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Recap of Markov Chain Basics

Irreducibility, Periodicity and Convergence

Total Variation Distance and Mixing Times

Application 1: Card Shuffling

Application 2: Markov Chain Monte Carlo (non-examin.)

**Appendix: Remarks on Mixing Time (non-examin.)**

## Further Remarks on the Mixing Time (non-examin.)

- One can prove  $\max_x \|P_x^t - \pi\|_{TV}$  is non-increasing in  $t$  (this means if the chain is “ $\epsilon$ -mixed” at step  $t$ , then this also holds in future steps) *[Mitzenmacher, Upfal, 12.3]*
- We chose  $t_{mix} := \tau(1/4)$ , but other choices of  $\epsilon$  are perfectly fine too (e.g.,  $t_{mix} := \tau(1/e)$  is often used); in fact, any constant  $\epsilon \in (0, 1/2)$  is possible.

Remark: This freedom on how to pick  $\epsilon$  relies on the sub-multiplicative property of a (version) of the variation distance. First, let

$$d(t) := \max_x \|P_x^t - \pi\|_{TV}$$

be the variation distance after  $t$  steps when starting from the worst state. Further, define

$$\bar{d}(t) := \max_{\mu, \nu} \|P_\mu^t - P_\nu^t\|_{TV}.$$

These quantities are related by the following double inequality

$$d(t) \leq \bar{d}(t) \leq 2d(t).$$

Further,  $\bar{d}(t)$  is sub-multiplicative, that is for any  $s, t \geq 1$ ,

$$\bar{d}(s+t) \leq \bar{d}(s) \cdot \bar{d}(t).$$

Hence for any fixed  $0 < \epsilon < \delta < 1/2$  it follows from the above that

$$\tau(\epsilon) \leq \left\lceil \frac{\ln \epsilon}{\ln(2\delta)} \right\rceil \tau(\delta).$$

In particular, for any  $\epsilon < 1/4$

$$\tau(\epsilon) \leq \left\lceil \log_2 \epsilon^{-1} \right\rceil \tau(1/4).$$

Hence smaller constants  $\epsilon < 1/4$  only increase the mixing time by some constant factor.

This 2 is the reason why we ultimately need  $\epsilon < 1/2$  in this derivation. On the other hand, see [\[Exercise \(4/5\).8\]](#) why  $\epsilon < 1/2$  is also necessary.