# Lecture 8: Convergence and Mixing Time 

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## Outline

# Periodicity and Convergence 

Total Variation Distance

Mixing Times

## Periodicity

- A Markov chain is Aperiodic if for all $x, y \in \mathcal{I}, \operatorname{gcd}\left\{t: P_{x, y}^{t}>0\right\}=1$.
- Otherwise we say it is Periodic.

$\checkmark$ Aperiodic

$\times$ Periodic


## Random Walks and Bipartiteness

## Bipartite Graph

A graph is bipartite if its vertices can be divided into two disjoint sets $U$ and $V$ such that every edge connects a vertex in $U$ to one in $V$.


## Theorem

Let $G$ be an undirected connected graph. Then the Simple random walk on $G$ is aperiodic if and only if $G$ is non-bipartite

## Proof on the Visualiser

## Lazy Random Walks and Periodicity

The Lazy Random Walk (LRW) on G given by $\widetilde{P}=(P+I) / 2$,

$$
\widetilde{P}_{i, j}=\left\{\begin{array}{ll}
\frac{1}{2 d(i)} & \text { if } i j \in E \\
\frac{1}{2} & \text { if } i=j \\
0 & \text { Otherwise }
\end{array} .\right.
$$



Fact: for any graph $G$ the LRW on $G$ is Aperiodic.


SRW on $C_{4}$, Periodic


LRW on $C_{4}$, Aperiodic

## Convergence

## Convergence Theorem

Let $P$ be any finite, aperiodic, irreducible Markov chain with stationary distribution $\pi$. Then for any $i, j \in \mathcal{I}$

$$
\lim _{t \rightarrow \infty} P_{j, i}^{t}=\pi_{i}
$$

- Proved: For finite irreducible Markov chains $\pi$ exists, is unique and

$$
\pi_{x}=\frac{1}{\mathbf{E}_{x}\left[\tau_{x}^{+}\right]}>0
$$

- Luca will prove the Convergence Theorem assuming Reversibility .
- If $P_{j, i}^{t}$ converges for all $i, j$ we say the chain Converges to Stationarity.


## Corollary

The Lazy random walk on any finite connected graph converges to stationarity.

## Convergence to Stationarity for the LRW on $C_{12}$ from 0

At step $t$ the value at vertex $x$ is $P_{0, x}^{t}$.


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## How Similar are Two Probability Measures?

## Loaded Dice

- I present to you three loaded (unfair) dice $A, B, C$ :

| x | 1 | 2 | 3 | 4 | 5 | 6 |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathrm{P}[A=x]$ | $1 / 3$ | $1 / 12$ | $1 / 12$ | $1 / 12$ | $1 / 12$ | $1 / 3$ |
| $\mathrm{P}[B=x]$ | $1 / 4$ | $1 / 8$ | $1 / 8$ | $1 / 8$ | $1 / 8$ | $1 / 4$ |
| $\mathrm{P}[C=x]$ | $1 / 6$ | $1 / 6$ | $1 / 8$ | $1 / 8$ | $1 / 8$ | $9 / 24$ |

- Question 1 : Which dice is the least fair ?
- Question 2 : Which dice is the most fair ?

Question 1: Most of you choose A. Why?
Question 2: Dice $B$ and $C$ seem "fairer" than $A$ but which is fairest?

Question 3 : What do we mean by "fair"?

## Total Variation Distance

The Total Variation Distance between two probability distributions $\mu$ and $\eta$ on a countable state space $\Omega$ is given by

$$
\|\mu-\eta\|_{t v}=\frac{1}{2} \sum_{\omega \in \Omega}|\mu(\omega)-\eta(\omega)| .
$$

- Let $d(\mu, \nu)=\|\mu-\nu\|_{t v}$, then $d(\cdot, \cdot)$ is a metric on the space of measures.

Loaded Dice : let $D=\operatorname{Unif}\{1,2,3,4,5,6\}$ be the law of a fair dice:

$$
\begin{aligned}
& \|D-A\|_{t v}=\frac{1}{2}\left(2\left|\frac{1}{6}-\frac{1}{3}\right|+4\left|\frac{1}{6}-\frac{1}{12}\right|\right)=\frac{1}{3} \\
& \|D-B\|_{t v}=\frac{1}{2}\left(2\left|\frac{1}{6}-\frac{1}{4}\right|+4\left|\frac{1}{6}-\frac{1}{8}\right|\right)=\frac{1}{6} \\
& \|D-C\|_{t v}=\frac{1}{2}\left(3\left|\frac{1}{6}-\frac{1}{8}\right|+\left|\frac{1}{6}-\frac{9}{24}\right|\right)=\frac{1}{6} .
\end{aligned}
$$

Thus

$$
\|D-B\|_{t v}=\|D-C\|_{t v} \quad \text { and } \quad\|D-C\|_{t v},\|D-C\|_{t v}<\|D-A\|_{t v} .
$$

So $A$ is the least "fair" however $B$ and $C$ are equally "fair" (in TV distance).

## Total Variation Distance

## Lemma

For any probability distributions $\mu$ and $\eta$ on a countable state space $\Omega$

$$
\|\mu-\eta\|_{t v}:=\frac{1}{2} \sum_{\omega \in \Omega}|\mu(\omega)-\eta(\omega)|=\sup _{A \subset \Omega}|\mu(A)-\eta(A)| .
$$

Proof by picture.


## TV Distances

Let $P$ be a Markov Chain with stationary distribution $\pi$.

- Let $\mu$ be a prob. vector on $\mathcal{I}$ (might be just one vertex) and $t \geq 0$. Then

$$
P_{\mu}^{t}:=\mathbf{P}_{\mu}\left[X_{t}=\cdot\right]=\mathbf{P}\left[X_{t}=\cdot \mid X_{0} \sim \mu\right],
$$

is a probability measure on $\mathcal{I}$.

- For any $\mu$,

$$
\left\|P_{\mu}^{t}-\pi\right\|_{t v} \leq \max _{x \in \mathcal{I}}\left\|P_{x}^{t}-\pi\right\|_{t v} .
$$

Convergence Theorem (rephrased)
For any finite, irreducible, aperiodic Markov Chain

$$
\lim _{t \rightarrow \infty} \max _{x \in \mathcal{I}}\left\|P_{x}^{t}-\pi\right\|_{t v}=0
$$

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## Applications of Markov Chain Convergence

Markov Chain Monte Carlo (MCMC): Sampling, Counting, Integration, . . . Example : Markov Chain for Sampling a Matching of $G$.

Pick some initial matching $M$ (may have no edges)

1. With probability $1 / 2$ stay at $M$
2. Otherwise pick $u v \in E$ and let

$$
M^{\prime}= \begin{cases}M-\{u v\} & \text { if } u v \in M \\ M \cup\{u v\} & \text { if } u v \text { can be added to } M \\ M \cup\{u v\}-\left\{e^{\prime}\right\} & \text { if either } u \text { or } v \text { is matched by } e^{\prime} \in M \\ M & \text { otherwise }\end{cases}
$$

3. Let $M=M^{\prime}$ and repeat steps $1-3$.

- Markov Chain on Matchings of $G$.
- Satisfies the Convergence theorem.
- Has uniform stationary distribution.
- Thus run it "long enough" then halt to return a uniform matching on $G$.



## Mixing Time of a Markov Chain

Convergence Theorem: "Nice" Markov chains converge to stationarity.
Question How fast do they converge?
The Mixing time $\tau(\epsilon)$ of a Markov chain $P$ with stationary distribution $\pi$ is

$$
\tau(\epsilon)=\min \left\{t: \max _{x}\left\|P_{x}^{t}-\pi\right\|_{T V} \leq \epsilon\right\} .
$$

- This is how long we need to wait until we are " $\varepsilon$ close" to stationarity .
- We often take $\varepsilon=1 / 4$, indeed let $t_{\text {mix }}:=\tau(1 / 4)$.
- For any fixed $0<\epsilon<\delta<1 / 2$ we have

$$
\tau(\epsilon) \leq\left\lceil\frac{\ln \epsilon}{\ln 2 \delta}\right\rceil \tau(\delta) .
$$

Thus for any $\epsilon<1 / 4$

$$
\tau(\epsilon) \leq\left\lceil\log _{2} \epsilon^{-1}\right\rceil t_{\text {mix }}
$$

