

Sports Centre in West Cambridge

On the West Cambridge site, just off the Coton footpath

State-of-the-art building, designed by Arup Associates

Main Sports Hall opened on 21st August, 2012

Open to members of the University, also the wider community

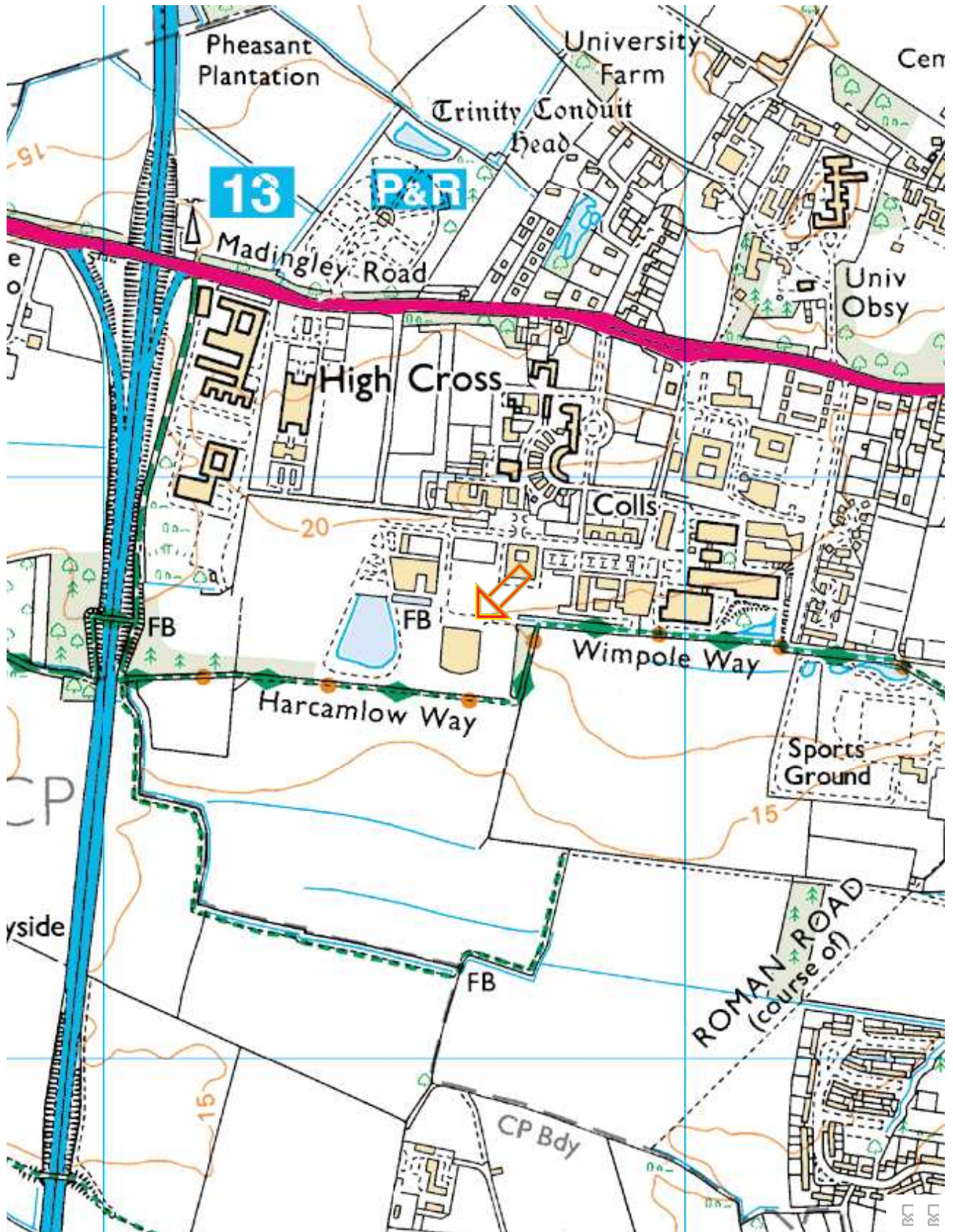
Other facilities opened more recently:

Eton Fives

Rugby Fives

Eastern Regional Centre for England Squash & Racketball

(5 International standard squash courts)



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Reception area and Personal training

There is a cafe near the main entrance – no bar :-((

Stephen Hawking's speech at the Paralympics decorates the glass

Alongside the Reception area is a gym dedicated to personal training

Continuous supervision from highly qualified instructors

Provision for health support, e.g. post-injury, mental tension, lifestyle

Referral schemes for NHS patients

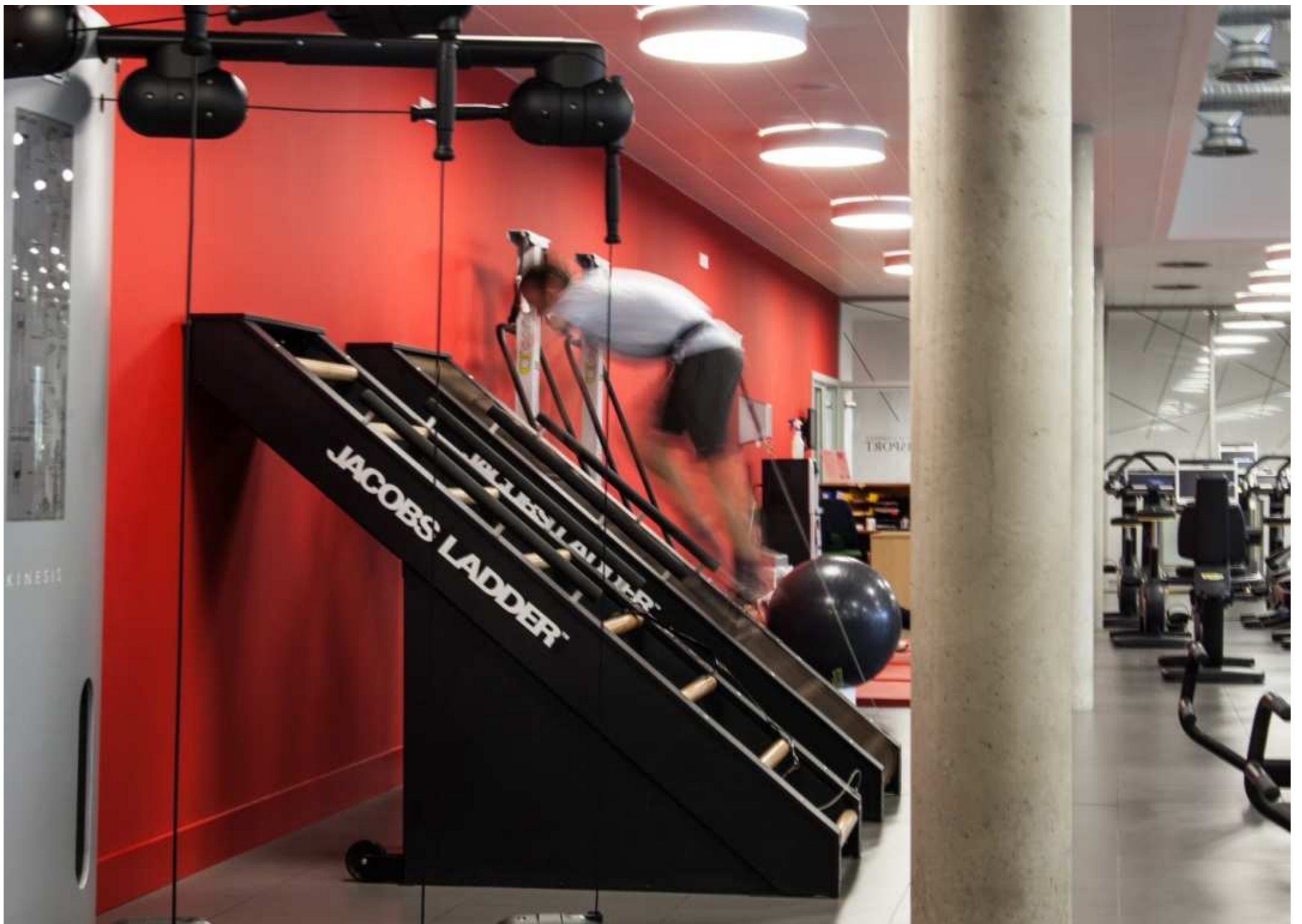
state-of-the-art training equipment

flexible machinery to meet individual needs



transforming our
PERCEPTION





Main Sports Hall layout

Building aligned N-S, allowing natural lighting without glare

8 Badminton courts aligned E-W, windows placed to prevent dazzle

Central dividing curtain, separates the space into two halves

Highly flexible use of the space, 7 colours used for the floor lines

Sports Hall in use for a great variety of sports

National level Schools Badminton weekend used all 8 courts

Netball and Basketball Korfball Indoor football

Racked seating can be installed for spectator events





Dance, yoga, fencing, Martial Arts etc.

directly above the personal exercise area is a polished floor area

the photos show the whole space, but it can be divided

(the first photo shows the folded barrier on the right)

classes and coaching are available for a variety of activities,

covering a number of sports and recreations

the entire space covers the ground floor Reception area





Weight training and Team training

**upstairs there is a weight training area, again supervised
a wide variety of weights is available to suit individual needs
a separate, larger area is being fitted out nearby
Sport England gave a donation of £500,000 for the fitting out
this will become a team training area, including weights
once that area has been finished Phase 1 will be complete
the space should be suitable for a wide range of sports**

Phase 2 will be indoor Lawn Tennis courts

Phase 3 will be an indoor Swimming Pool





Sports once played at Portugal Place

Portugal Place opened in Portugal Street in 1887 –

at that stage outside Cambridge City proper

99-year lease expired in 1986

at first only traditional games were played there:

Eton Fives

Rugby Fives

Rackets

between the wars more recent games were added:

Badminton

Squash Rackets







