

From left to right adjoints

Let $F : \mathbf{C} \rightarrow \mathbf{D}$ be left adjoint to $G : \mathbf{D} \rightarrow \mathbf{C}$ with unit $\eta : \text{Id}_{\mathbf{C}} \rightarrow GF$.

For any $D \in |\mathbf{D}|$, define $\epsilon_D : FGD \rightarrow D$ by $\epsilon_D = (1_{GD})^\#$

$$\begin{array}{ccc}
 \mathbf{C} & \xleftarrow{G} & \mathbf{D} \\
 \\
 GD & \xrightarrow{\eta_{GD}} GFGD & FGD \\
 \searrow 1_{GD} & \downarrow G\epsilon_D & \vdots \exists! \epsilon_D = 1_{GD}^\# \\
 & GD & D
 \end{array}$$

Fact: $\epsilon : FG \rightarrow \text{Id}_{\mathbf{D}}$ is a natural transformation.

Fact: G is right adjoint to F with counit ϵ .

Moreover, $G\epsilon \circ \eta G = \text{id}_G$ and $\epsilon F \circ F\eta = \text{id}_F$.

Adjunctions

Defn: An **adjunction** between categories \mathbf{C} and \mathbf{D} consists of:

- functors $F : \mathbf{C} \rightarrow \mathbf{D}$ and $G : \mathbf{D} \rightarrow \mathbf{C}$,
- natural transformations $\eta : \text{Id}_{\mathbf{C}} \rightarrow GF$, $\epsilon : FG \rightarrow \text{Id}_{\mathbf{D}}$,
(unit) (counit)

such that $G\epsilon \circ \eta G = \text{id}_G$ and $\epsilon F \circ F\eta = \text{id}_F$.

Such an adjunction is denoted $F \dashv G$.

Fact: In an adjunction $F \dashv G$, F is left adjoint to G and G is right adjoint to F .

Examples:

- An adjunction where η, ϵ are natural isomorphisms is an equivalence of categories.
- Adjunctions between posets are **Galois connections**.

Transposing along adjunctions

Fact: Any adjunction $F \dashv G$ yields a bijection:

$$\text{hom}_{\mathbf{C}}(C, GD) \cong \text{hom}_{\mathbf{D}}(FC, D) \text{ for any } C \in |\mathbf{C}|, D \in |\mathbf{D}|$$

Moreover, this bijection is natural in C and D :

$$\text{Hom}_{\mathbf{C}}(-, G-) \cong \text{Hom}_{\mathbf{D}}(F-, -) \quad (\mathbf{C}^{\text{op}} \times \mathbf{D} \rightarrow \mathbf{Sets})$$

Fact: For any functors $\mathbf{C} \begin{array}{c} \xrightarrow{F} \\ \xleftarrow{G} \end{array} \mathbf{D}$, a natural bijection as above

induces an adjunction $F \dashv G$.

Equivalent defn: An adjunction is a pair of functors $\mathbf{C} \begin{array}{c} \xrightarrow{F} \\ \xleftarrow{G} \end{array} \mathbf{D}$

with a bijection $\text{hom}_{\mathbf{C}}(C, GD) \cong \text{hom}_{\mathbf{D}}(FC, D)$

natural in C and D .

right adjoint

left adjoint